



# The **"SILK ROAD"** International Wushu Cup 2016

**08-12 September 2016**  
**Moscow (Russia)**

## **REGULATIONS**

### **1. DATE AND PLACE**

The "Silk Road" international wushu Cup – joint event of the Russian Wushu Federation and the Chinese Wushu Association will be held from 08th to 12th September, 2016 in Moscow (Russia).

This is an open wushu competition aiming at the development of Taijiquan, Xingyi, Bagua and other wushu styles belonging to the Neijiaquan (internal wushu family).

Teams must arrive the 07th September 2016 prior to 14:00 (see Competition schedule).

### **2. COMPETITION VENUE**

"Moscow Wushu Palace", Khersonskaya street 30/2–1, Moscow, Russia. (ул. Херсонская 30, корпус 2, строение 1).

### **3. PARTICIPANTS**

3.1 Those eligible to participate are national teams from EWUF member countries and IWUF member countries as well as other wushu clubs and schools.

3.2 The organizing committee reserves the right to accept teams at its own discretion.

3.3 All applications shall bear the signature of the respective team manager.

3.4 There is no limitation for the number of teams from one country.

3.5 There is no limitation of team size.

#### **4. PARTICIPATION FEE**

**20 Euro** - for the 1st event.

**10 Euro** - for the 2nd and 3rd event if any.

#### **5. JUDGES**

Each team may send a qualified judge.

#### **6. AGE CATEGORIES**

6.1 Adult: full age of 18 and above up to 45 years old

6.2 Senior: full age of 45 and above

6.3 Junior A: full age of 15 and above up to 17 years old (including 17)

6.4 Junior B: full age of 11 and above up to 14 years old (included 14).

***The age calculation for adults is the actual age of the competitor according to his birthday (in his passport) on the 8<sup>th</sup> September 2016.***

***The age calculation for juniors is based on 1st January of actual year (1st January 2016).***

#### **7. EVENTS**

##### **7.1 Compulsory Taijiquan**

7.1.1 24/32/48 Taijiquan/Taijijian,

7.1.2 42 Taijiquan/Taijijian,

7.1.3 3rd set Taijiquan/Taijijian.

##### **7.2 Optional Taijiquan/Taijijian).**

##### **7.3 IWUF New Traditional Compulsory Routines**

7.3.1 Yang style taijiquan (杨氏太极拳),

7.3.2 Yang style taijijian (杨氏太极剑),

7.3.3 Chen style taijiquan (陈氏太极拳),

7.3.4 Chen style taijijian (陈氏太极剑).

##### **7.4 Traditional Taijiquan events (传统太极拳套路)**

7.4.1 Barehand: Yang (杨) style, Chen (陈) style, Wu (吴) style, Sun (孙) style, Wu (武) style, He (和) style and others.

7.4.2 The 4th, 5th, 6th Duan Taijiquan routines of the Chinese Wushu Duanwei system (中国 武术段位制).

7.4.3 Taiji Duilian (太极拳对练)

Weapons: Various Taiji weapons routines.

### **Traditional Internal Styles**

7.4.4 Traditional Bagua barehand events

7.4.5 Traditional Xingyi barehand events

7.4.6 Traditional Bagua weapons events

7.4.7 Traditional Xingyi weapons events

7.4.8 Wudang barehand events

7.4.9 Wudang weapons events

7.4.10 Traditional Bagua duilian (set sparring) Chinese Wushu Duanwei system (中国 武术段位制) duilian (4, 5, 6th duan) can be used.

7.4.11 Traditional Xingyi duilian (set sparring) Chinese Wushu Duanwei system (中国 武术段位制) duilian (4, 5, 6th duan) can be used.

7.4.12 Wudang duilian.

## **7.5 TAIJI TUISHOU**

7.5.1 Age categories

"Juniors B": full age 14 – 15;

"Juniors A": full age 16 – 17;

"Adults": full age 18 – 35.

"Senior": above 35.

7.5.2 Weight categories.

48kg; 52kg; 56kg; 60kg; 65kg; 70kg; 75kg; 80kg; 85kg; 85kg+.

Competition will be held under EWUF TUISHOU Rules

[http://ewuf.org/assets/taiji\\_tuishou\\_rules.pdf](http://ewuf.org/assets/taiji_tuishou_rules.pdf)

### **Dress and Protective Gear**

According to EWUF TUISHOU Rules, Article 8.

## **8. OTHER RULES**

There shall be a time limit of minimum of 2 min and no more than 4 minutes for all routines for Taijiquan and Taiji weapons events.

The similar styles will be grouped according to the age and discipline.

For the IWUF new routines time limit is set to 3-4 minutes.

No time limit for other events but an internal arts routine (Xingyi, Bagua & Weapons) in adult and senior division should not be shorter than 1 minute.

A Duilian routine should not be shorter than 50 seconds. No time restriction for Junior division.

## **9. DRAWING-LOTS CEREMONY**

The drawing-lots of International tournament "The Silk Road" will be conducted by the Organizing Committee at 17:00 (Moscow Time) on September 8th, 2016. The Organizing Committee will draw on behalf of the teams that are unable to send a representative to attend.

## **10. WEIGHING-IN**

The initial weighing-in for Tuishou athletes will take place at 15:00 (Moscow Time) on September 08th, 2016.

## **11. COMPETITION METHODS**

11.1 One competitor may enter at most 4 competition events (selected from and not exceeding 2 barehanded routine, 1 weapon routine or 1 barehand, 2 weapon routines, and 1 duilian).

11.2 If there are less than six competitors in one group, it shall be merged with the closest group.

11.3 If there are more than 20 competitors in a group, it can be split into two groups, provided that the routines belong to the same style.

11.4 In dual events age groups, men and women cannot be mixed.

## **12. ENTRIES**

12.1 Preliminary entries should be sent before 10th July 2016 to nika-wushu@ya.ru.

12.2 The Final Entry Forms must be sent to nika-wushu@ya.ru no later than **10th August 2016**.

12.3 Penalty of 50 Euro will apply, if submitting Final Entry Form after the deadline (August 15th, 2016);

12.4 No changes or additional entries will be accepted after the time limit. As an exception, changes might be allowed at the sole discretion of the decision of the Competition Director. If

such a change is allowed, there will be a penalty of 200 Euro. No change whatsoever shall be allowed after the draw-lots;

12.5 Final Entry Forms must be submitted only according to the published application form (self-made application forms will not be accepted);

12.6 All names and surnames must be typed in English.

### **13. ACCOMMODATION**

#### **3 Star Hotel (lodging + 3 meals/day + transportation):**

Rooms for athletes (3 persons per room): 65 Euro per person per day.

Rooms for team leaders and coaches (single or double): 75 Euro per person per day.

Mosport Hotel: 117519, Russia, Moscow, Kirovogradskaya str., 21/1.

***Only official hotels will be used. Participants shall be required to use the official hotels as a condition of participation.***

Any extra costs associated with rooms (mini-bar, swimming pool etc.) shall be the responsibility of the individual.

### **14. AWARDING**

There shall be separate awarding for all events. All the certificates will have a mention as follows: The "Silk Road international wushu Cup 2016".

The awarding shall be done following IWUF/EWuF Rules unless stated otherwise.

In Tuishou competition the top three place athletes within each weight category will receive a placing and award for both men and women. Third place athletes will be placed in juxtaposition.

### **15. INSURANCE AND MEDICAL DOCUMENTS**

**Taolu competitors** are required to hand in:

- General Health Certificate (including electro-cardiogram, pulse and blood pressure). The Health Certificate is only valid if it has been issued within a period of 60 days prior to the competition.

- Valid Life Insurance Certificate.

**Taiji Tuishou competitors** are required to hand in:

- Health Certificate signed by a doctor (including electrocardiogram, pulse and blood pressure). The Health Certificate is only valid if it has been issued within a period of 60 days prior to the competition.

- Valid Life Insurance Certificate.

**For competitors under 18 years of age (both taolu and tuishou) the parent or legal guardian must sign the written agreement for participation and the waiver of liability. If the parent/guardian is not attending the event with the competitor they must also have the documents signed and stamped by a notary with a copy of their passport/id card.**

## **16. ETHICS CODE**

All members of official teams shall respect the EWUF Ethics Code. In addition to that, as the EWUF Congress voted to implement the IOC Ethics Code, under the IOC Charter, all participants, including Juniors are bound by both Codes.

## **17. COPYRIGHT**

All material associated with The "Silk Road international wushu Cup 2016" whether used or not remains the copyright of the Russian Wushu Federation. This equally applies to all media rights and photographs videos DVD's or any other form of reproduction whether digital or otherwise howsoever reproduced at the time of the event whether used then or at any later date and shall remain the property of the Russian Wushu Federation for its sole use for any purpose it may decide at its discretion. All participants entering the event shall accept and abide by this rule.

## **18. CAMERAS and PHOTO EQUIPMENT**

No professional video and photo cameras shall be allowed at the competition site unless the owners are accredited before the event. Requests for accreditations shall be sent to the OC at least 1 month before the event. Consumer and prosumer equipment shall be allowed at designated areas only.

## **19. OTHER MATTER**

Each team is required to bring the following:

1. The original Final Entry Form,
2. Citizen passports, Health certificates and Life Accidental Injury Insurance Certificates for all athletes,
3. "International Tournament "The Silk Road" Waiver of liabilities for all participants,

4. A USB flash drive with national Anthem,

5. A national flag.

For other information, please, refer to [nika-wushu@ya.ru](mailto:nika-wushu@ya.ru).