



SWEDISH OPEN KUNG FU/WUSHU CHAMPIONSHIP 2010-02-13

Scandinavia's biggest KUNG FU/WUSHU Competition! SANSHOU&TAOLU Junior & Senior

With participants from different countries & all Martial arts styles!
Thaiboxning, Kung Fu, Karate, Manma, Kickboxning, MMA, Tae Kwon Do- etc....
The competitions are going to be held in Senior and Junior classes
Male and females classes: **All Martial arts styles are welcomed!**

Date of the competitions: Saturday 2010-02-13

Registration: 07:00 to 9:30 o'clock

Introduction: 10:50 o'clock

Opening ceremony: 11:30

Start of competitions: 12:00 o'clock

Place: Kalmar Sporthall

Entry: 150:- SEK **Student:** 100:- SEK

Registration

Observe that the last date for registration is **4 February**

Registrations fees 200:- SEK

Registrations fees are to be paid on the spot:

Registrations for the competitions are done via e-mail:

sanshou.open@hotmail.com

The Competitions rules and regulations

Match area: 8x8 meter.

Match time 2 minutes per round, 1 minute rest between rounds, best of three rounds win.

Judges: 5 st (alt 7.1) chief judges, 3 st (alt 5) point judges, 1 st Match judge. At the chief judge's command, signal's the respective point judges a red or black hand to announce the round winner.

Point system Sanshou

Punch on the head **1 point**
Punch on the body **1 point**
Kick on the body **2 points**
Kick on the head **2 points**
Kick on the legs **1 point**
Sweeps, throws and falls **2 points (Standing)**
Sweeps, throws and falls **1 point (followed by a fall)**
Outside of the mat **(with a part of the body on the floor) 2 points**
A competitor wins a round if the opponent is moved out side of the mat twice in the same round.

Information needed from the competitors are as follows:

Junior: Name, Club's name, age & weight.

Senior: Name, Club's name, age, clase - weight Clase.

Male: -56, -60, -65, -70, -75, -80, -85, -90, +90 kg

Female: -48, -52, -56, -60, -65, -70, +70 kg

Taolu :

Changquan, Nanquan, Taijiquan, Gunshu, Jianshu, Daoshu, Nandao, Qiangshu, Nangun, Taijijian

For Sanshou you need privet mouth guard and jockstrap these are obligatory for al competitors.

Kalmar Kung Fu&Kickboxing provides protection kits, gloves, head protection.

Besides the possiblity of winning in the various weight classes we also pick one **best fighter and the best club** of the year in every categori.

Contact info

Ahad Nobakhti. Telephone: 0046- 739-15 50 23.

Eventual changes and news regarding the competitions could be found at:

www.emmabodakungfu.org & www.kalmarkungfu.org

Plan to stay for afterparty Saturday night at. 21:00. There all can meet and have a fun night

Organizers: Kalmar Kung Fu-Kickboxing S-1 K-1

Competition is sanctioned by the:



Svenska Förbundet för Kinesisk Kampkonst

The Swedish Federation of Chinese Martial Arts

ALL ARE VERY WELCOME!!

SVENSKA BUDO & KAMPSPORTSFÖRBUNDET

